



Parent Education Network

www.fortnet.org/pen

All phone numbers are in (970) area code.
Updated December 2007

Parenting Classes

- ACE, Love & Logic, Empathic Parenting-**
ParentingPerspectives.org (age birth-12) **482-3828**
- Bright Beginnings programs-Bright Beginnings**
(infants, toddlers to age 1) **495-7526**
- CARES for Parents-Early Childhood Council**
(ages 3-5) **377-3388**
- Family Forum Parenting Education -Larimer Center for Mental Health*** (ages 5-18) **494-4239**
- Family Education Classes-CSU Larimer County Extension*** (all ages) **498-6000**
- Family Education Program-PVHS**
(all ages) **495-7500**
- Infant Car Seat & Safety Classes/Car Seat Distribution-SAFE Kids Larimer County*** (ages birth-4, 5-12).**495-7504**
- Parenting Classes/Nurturing Parenting-Lutheran Family Services** (ages birth-4, 5-14) **266-1788**
- Parenting Classes-Poudre School District, Early Childhood Program-(Ft. Collins)** (ages birth-5) . . **490-3187**
- Parenting Adolescents-The Center for Community Justice Partnerships** (ages 10-18). **495-0084**
- Partners in Parenting-Thompson Integrated Early Childhood Program-(Loveland)** (ages 3-5). **613-5053**
- Partners in Parenting-Estes Valley Investment in Childhood Success EVICS (Estes Park)** (ages 3-5). . . **586-3055**
- Parents in Control-The Family Center/La Familia*** (all ages) **221-1615**
- ParentNet Talks-TEAM Fort Collins**
(ages 5-12, 13-18) www.teamfortcollins.org **224-9931**
- Second Time Around: Grandparents Raising Grandchildren-Namaqua Center/LCMH** (all ages) **669-7550 x14**
- Strengthening Latino Families-Larimer Center for Mental Health*** (ages birth-4, 5-12) **494-4343**
- Talk is Power: Talking with Youth About Sexuality-Planned Parenthood of the Rocky Mountains.** . . **419-7526**
- 24/7 Dad-Larimer County Responsible Fatherhood Program** (all ages) **498-6357**

Support Groups

- Breastfeeding Support Group-McKee Medical Center**
(Moms of newborns) **203-2324**
- Circle of Parents-Lutheran Family Services**
(all ages). **266-1788**
- Family Support & Services Program-Foothills Gateway**
(all ages) **226-2345**
- Larimer County Grandparents Raising Grandchildren -Namaqua Center/LCMH** (all ages) **669-7550 x14**
- Parenting Adolescent Support Group-The Center for Community Justice Partnerships** (ages 10-18). . **495-0084**
- Parents of Children Exposed to Domestic Abuse-Alternatives to Violence** (ages 5-12, 13-18) **669-5150**
- Parents Without Partners-Mother's Center of Ft. Collins**
(all ages) **204-0586**

Support Groups, cont.

- Postpartum Support Group-FC Postpartum Task Force**
(postpartum moms) **494-2908**
- Stepmothers Advocacy of Northern Colorado-Mother's Center of Ft. Collins** (all ages) **416-1813**
- Support for Mothers-Mother's Center of Ft. Collins**
www.motherscenterfc.org (all ages) **482-2253**
- Support for Parents of Multiples-FC Parents of Multiples Club** (all ages) www.twinsntriplets.com **n/a**

Resource Information

- Family Education Program-PVHS**
(prenatal, post-partum, birth-1, 9-12) **495-7500**
- Family Resource Center/Library-CSU Extension CFERT*** (all ages) **491-2101**
- Childcare Referral/Support for childcare providers-Early Childhood Council** (all ages) **377-3388**
- Childcare Referral/Parent Support-EVICS (Estes Park)**
(all ages). **586-3055**
- Larimer County Alliance for Grandfamilies-CSU Larimer County Extension** (all ages) **498-6000**
- Reproductive & Sexual Health Care Info-Planned Parenthood of the Rocky Mountains** *(all ages) . . **419-4366**
- Substance Abuse and Prevention Resource Library-TEAM Fort Collins*** (ages 5-12, 13-18) **221-1615**
- United Way 2-1-1 Information & Referral***
(all ages) **2-1-1**
- Families First-24-hour toll-free help line.** . . **877-695-7996**

One-on-One Support

- Early Head Start-Poudre School District Early Childhood Program** (ages birth-3) **490-3160**
- Family Outreach Liaison-Thompson School District Title I*** (ages 5-12) **613-6927**
- Nurse Family Partnership-Larimer County Dept. of Health & Environment*** (prenatal, birth-2). **498-6731**
- Parents as Teachers-The Family Center/La Familia***
(ages prenatal, birth-5) **221-1615**
- Prenatal Plus- Larimer County Dept. of Health & Environment** (prenatal) **498-6736**
- Support for Pregnant Women-Healthy Beginnings Prenatal program*** (prenatal) **667-6241**
- Title I Parent Help Desk-Poudre School District Title I** (ages birth-4, 5-12, 13-18) **490-3220**
- Wee Steps-Poudre Valley Health System**
(ages newborn) **495-8290**

*Resources available in Spanish

For more information about these resources, visit the PEN website at www.fortnet.org/pen or call United Way 2-1-1 by dialing 2-1-1 or 407-7066

The Parent Education Network and Healthier Communities Coalition do not endorse any of the listed providers, curricula or products. Parents are encouraged to seek information or programs that seem appropriate for their family.

